

BATTLE & COMPETE CAMP

At CLIFF McNABB ARENA—NANAIMO, BC — July 5 and 6, 2017



SCHEDULE:

Group A: Atom & Pee Wee

8:30 am – 9:30 am Ice

9:45 am – 10:30 am Seminar

11:00 am – 12:00 pm Ice

Players sub grouped into age & skill level!

Group B: Bantam & Midget

9:45 am – 10:45 am Ice

11:00 am – 11:45 am Seminar

12:15 pm – 1:15 pm Ice

ON ICE CURICULLUM

✓ Skating for Agility & quick feet - mirror drills / lateral movement / backward movement.

✓ Learn how to win the 1 on 1 battles both defensively and offensively.

✓ Learn how to protect the puck in open ice and along the boards.

✓ Learn how to get body positioning & angling to gain possession of loose pucks.

✓ Learn how to use your stick to keep the puck or regain possession. Learn how to check!

✓ Learn how to become a more COMPETITIVE PLAYER!

✓ Learn through drills, races and playing small games.

CLASSROOM CURICULLUM

✓ Learn what it means to compete!

✓ Learn some skating and stick control techniques.

✓ See examples and instruction on how to win small area battles.

✓ Mental Training: Goal setting and Visualization

HEAD COACH OF CAMP: Enio Sacilotto, 33 years of coaching experience. Coached Elite Men's pro levels in England, Italy, Denmark, Switzerland and Austrian (EBEL). **Former Assistant Coach, currently Director of Prospect Development, Victoria Royals, WHL, and A.C. for Team Pacific, U-17 World Challenge Silver Medalists.** Check website for credentials.

Coach Enio will conduct the camp along with his highly qualified coaches who will assist him.

✓ **7 to 1 PLAYER TO COACH RATIO**

Classes limited to 21 skaters and 3 Goalies.

WE ARE A LEARNING & TEACHING CAMP, OUR GOAL IS TO MAKE YOU A BETTER PLAYER!

Cost: \$200. Extra Early Bird Christmas Special! Before December 24, 2016

\$225. Before April 30, 2017 / \$250.00 after April 30, 2017 (call for multiple camps and group rates)

REGISTER ON LINE (CLICK HERE)! WE ACCEPT INTERACT, VISA, & M.C.

GO TO www.coachenio.com (click here)

FIND OUT ABOUT OUR SPECIALIZED CAMPS, FREE RESOURCES &

ENTER A FREE DRAW AND WIN A CAMP!

CONTACT COACH ENIO AT: E-mail: cenio@coachenio.com CALL: 604 255 4747