



Nanaimo Adult Hockey League

Formerly the
Nanaimo Oldtimers Hockey League

www.hockeynanaimo.ca

REC "A" DIVISION -currently 5 teams
age 19 and over, very fast and competitive hockey

REC "B" DIVISION -(proposed for this fall)
age 19 and over, fast but not quite as competitive

30+ DIVISION -currently 6 teams
age 30 and over, starting to age but still think we can make the show

45+ DIVISION -currently 9 teams
age 45 and over, over the hill but can surprise you with our passing

55+ DIVISION - currently 6 teams if you include Parksville
age 55 and over, lets face it we're pretty slow, so just out there to have fun
and stay fit

REC "B" DIVISION

Registration for this fall is now underway
If you are 19 and over and would like to sign up to play on a team this fall,
call or email Robin Edwards

Robin Edwards (league administrator)
Phone 250-616-2286
Email- robinedwards@shaw.ca

For all other divisions, please contact the teams directly.

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