

NMHA Rules & Regulation

Spring Hockey – Coed

Players currently registered on Nanaimo MHA rosters and born 2002 through 2011 may register online through Team Snap. All others wishing to register may register in office and be placed on a case by case basis.

All BC Hockey and Canadian Hockey League rules are in effect unless otherwise outlined below.

5 on 5 Spring Hockey League has the right to suspend or expel players for inappropriate conduct or for not playing by the Rules governing the league.

There will be NO BODY CHECKING. Body Checking may result in immediate expulsion from the league. This is a fun league meant to be enjoyed by all players & team staff.

There will be no playoffs, games will be 75 minutes in total ice time including the 3 minute warm-up. Equal ice time for ALL. Jerseys are provided by the association.

Only registered players may play. Teams may use players from other teams in their division or lower. Unregistered players are not to be used and if used may result in the team being expelled from the league.

Two referees will be provided for all age groups. **Parents are needed to keep score.**

Up to 4 bench personnel (coaches, assistants or trainers) may be on the benches. All bench staff must be approved by the league and be a minimum of 19 years of age. All bench staff are to refrain from inappropriate behavior and language. Inappropriate behavior will result in game (s) suspension and may result in expulsion from the league.

Major penalties will result in the immediate ejection of the offending player(s) and will be further review by the Program Administrator and President.

No refunds will be given after the league play begins.

Age groups and team make up will be decided by Program Administrator year to year based on registration numbers, with Divisional Directors **recommendations if needed.**

Request may be considered but not guaranteed.

No fundraising, extra jerseys or apparel will be approved.