



Nanaimo MHA COVID -19 Operating Plan

We are taking every precaution to ensure the safety of our staff and members with new mandatory policies in place due to Covid-19. There will be no exceptions to these policies. We are closely monitoring the situation and kept up with the current recommendations from The World Health Organization, Health Canada, The BC Centre for Disease Control & Island Health.

- Team staff must be approved by the Hockey Director or be on the NMHA Pre-approved list and must have attended the COVID-19 Operating Plan Orientation.

Cohorts should be used for activities in which it is not possible to maintain two metres physical distancing at all times. When in a cohort, while individuals do not need to maintain physical distancing during sport specific activities, minimized physical contact is still advised.

Cohorts should remain together for an extended period of time. If looking to change cohorts, implement a two-week break between activities.

Parents, guardians, coaches or any person who is experiencing COVID-19 symptoms or is experiencing cold or flu like symptoms or has had close contact with someone who has COVID-19 like symptoms, or has been diagnosed with COVID-19, or who has travelled outside the country in the last 14 days or has been exposed to anyone that has travelled outside of Canada in the last 14 days that haven't cleared 14 days of self-quarantine is not to enter the facility.

Any violation to these procedures will result in a suspension and or cancellation of your ice time immediately. With no refund.

All ice times are a minimum of 1 hr. (60 min) time intervals, licensee (NMHA) will arrive 15 min prior to their ice session to organize your group.

The parent/guardian is responsible for having the athletes prepared to walk into the NMHA facilities no earlier than 15 min before your scheduled ice time.

Early access to arenas is not permitted. If a group is early, they will remain in their cars or in the parking lot.

Groups will be limited to a maximum of 65 people (subject to change, based on Provincial Health Guidelines). This will include 40 on the ice surface, including officials. With coaching and team staff on the bench, the limit in the “Field of Play” shall be 50. The remainder will include any **essential** team staff or personnel (including videographers). Ice rinks start and finish times will be staggered to ensure minimum patron traffic, as well as longer gaps between session to allow time for cleaning and disinfecting of common-touch services.

Operating Plan Procedures:

1. Players, parents, guardians, coaches or any person who is experiencing COVID-19 symptoms or is experiencing cold or flu like symptoms or has had close contact with someone who has COVID-19 like symptoms, or has been diagnosed with COVID-19, or who has travelled outside the country in the last 14 days or has been exposed to anyone that has travelled outside of Canada in the last 14 days that haven't cleared 14 days of self-quarantine is not to enter the facility.
2. While on the premises (parking lot, within the arena, within dressing rooms) social distancing of a minimum of 6 feet / 2 meters separation will be maintained between patrons, spectators, players (outside the venue) and employees of the arenas.
3. User groups will only be permitted in the building 15 minutes prior to their ice time and must exit 15 minutes after their ice session. There will be no early admittance to the facility.
4. Access and Egress for participants will be in the City of Nanaimo designated areas; players must follow the protocols set forth by the arena staff
5. When entering the facility you must go to your designated rink. (signs will be posted accordingly).
6. If available, dressing rooms will be sectioned. In NIC 1 and Cliff McNabb dressing room capacities are 11 and in NIC 2 capacity is 9. Capacity of dressing rooms in Frank Crane is 10 each. Participants must sit within the section and utilize only one section during their session. There will be designated seating, for each athlete and coach in the rink.
7. Players may come fully dressed except for skates which may be put on in your designated sitting area.

8. Dressing rooms will be sectioned. Participants must sit within the section and utilize only one section during their session.

9. Participants / Patrons

- Are to fill their water bottle at home and no sharing of water bottles is permitted.
- Spitting is strictly prohibited.
- No Physical gatherings of any size are permitted in the parking lot or overflow parking lot areas.
- Consuming alcohol beverages in the parking lot is in contravention of our liquor license and could result in personal fines from the RCMP/Liquor Inspector in addition to citations and harsh penalties/suspensions to the club. Tailgating is prohibited in the parking lot.
- Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be escorted from the facility.
- Self-imposed limits to the number of guests allowed in our building are closely monitored and will be adjusted accordingly.

10. Contact Tracing

- On behalf of NMHA each team's safety person shall collect the first and last names and telephone number or email address of every person who attends either a practice or a game (including opposition information).
- This information shall be retained for 30 days, in case there is a need for contact tracing on the part of the medical health officer, in which case the information must be provided to the medical health officer.

11. Safety Person

- Each team's safety person is vital to the deployment of this Safety Plan. As above, safety persons are responsible for gathering contact tracing information. In addition, the safety persons are to ensure the on ice, field of play and facility capacities are not exceeded. This includes the limits on dressing rooms. Safety persons should also be visible in the lobby or entrance area as teams arrive, so as to assist with an orderly entrance to the building.

12. Game Procedures

For all arenas:

- * All participants for a game (players, videographers, coaches, volunteers) may not enter the facility until 15 minutes prior to their ice time and must exit the facility 15 minutes after their ice time (or earlier if possible). Players shall arrive at the arena as dressed in their equipment as is possible.
- * If there is more than one scorekeeper/timekeeper they must wear masks.
- * It is recommended that coaches wear masks where physical distancing cannot be maintained (example: on the bench).
 - Please note: For all games, 4 dressing rooms shall be used to permit teams to practice proper social distancing while not in the “Field of Play”.
 - Please note that the “Field of Play” includes the ice surface, the benches as well as the penalty boxes. As such, the number of participants, including both on and off ice officials shall not exceed 50.

NIC 1

- * Visiting team will enter through the front door - they are assigned dressing rooms 1 and 2.
- * Home team will enter through the backdoor by the Zamboni - they are assigned dressing rooms 3 and 4.

A safety, volunteer, or ambassador from minor hockey will need to be at the backdoor to let in the home team.

- * Referees are in the flex room

NIC 2

- * Visiting team will enter through the front doors - they are assigned dressing rooms 7 and 8.
- * Home team, will enter through the side door - they are assigned dressing rooms 9 and 10.
- * A safety, volunteer, or ambassador from minor hockey will need to be at the backdoor to let in the home team.
- * Referees are in the flex room

Cliff McNabb

- * Visiting team will enter through the player’s entrance on the parking lot side - they are assigned dressing rooms 1 and 2.

- * Home team, will enter through the side door by the causeway - they are assigned dressing rooms 3 and 4.
- * A safety, volunteer, or ambassador from minor hockey will need to be at the side door to let in the home team.
- * Referees are in the flex room

Frank Crane

- * Visiting team will enter through the front lobby - they are assigned dressing rooms 1 and 2.
- * Home team, will enter through the player's door by the causeway - they are assigned dressing rooms 5 and 6.
- * A safety, volunteer, or ambassador from minor hockey will need to be at the player's door to let in the home team.
- * Referees are in the referee's room

Important notes:

- * A maximum of two videographers may be allowed to enter the facility per game and must immediately go upstairs and stay in the mezzanine behind the stands.
- * No spectators allowed at this time, this is currently under review.

13. Practice Procedures

ALL players shall arrive at the rink as dressed in their equipment as is possible.

U6 – U9

- Teams shall practice one team at a time on the ice. Teams shall enter and exit the arena through the doors specified by City staff.
- Dressing room use will be limited to two dressing rooms per session. If a player requires parental assistance, one parent (no siblings) may enter the dressing room to assist the player, taking care to not exceed the capacity of the dressing room. Once the player is ready to enter the playing surface, the parent must leave the facility.

U11 – U15 (Recreational)

- Teams shall practice two teams at a time on the ice.

- Dressing room use will be limited to two dressing rooms per session. Teams will consult the ice allocation schedule to see which team is assigned the dressing rooms. The other team shall use the lobby to put on their skates. Because of the numbers involved in dual team practices, parents shall not be permitted in the dressing rooms.
- The team assigned to dressing rooms shall enter through the back door of the facility. The other team shall enter through the lobby.

U18 – U21 (Recreational)

- Teams shall practice one team at a time on the ice. Teams shall enter and exit the arena through the doors specified by City staff.
- Dressing room use will be limited to two dressing rooms per session.

Competitive (All divisions)

- Teams shall practice one team at a time in the ice. Teams shall enter and exit the arena through the doors specified by City staff.
- Dressing room use will be limited to two dressing rooms per session.

These procedures are in effect until further notice. Our priority is to make sure everyone is safe and healthy. As this situation progresses, we will continue to monitor all developments and update our policies and procedures accordingly.

We will follow all direction from BC & Island Health authority and their recommendations.