



Nanaimo MHA COVID -19 Operating Plan

We are taking every precaution to ensure the safety of our staff and members with new mandatory policies in place due to Covid-19. There will be no exceptions to these policies. We are closely monitoring the situation and kept up with the current recommendations from The World Health Organization, Health Canada, The BC Centre for Disease Control & Island Health.

- Team staff must be approved by the Hockey Director or be on the NMHA Pre-approved list and are aware of the NMHA – Phase III Protocols
- Cohorts should be used for activities in which it is not possible to maintain two metres physical distancing at all times. When in a cohort, while individuals do not need to maintain physical distancing during sport specific activities, minimized physical contact is still advised.
- Coaches may be counted outside the total cohort number if they are able to maintain physical distancing at all times.
- Cohorts should remain together for an extended period of time. If looking to change cohorts, implement a two-week break between activities.
- Parents, guardians, coaches or any person who is experiencing COVID-19 symptoms or is experiencing cold or flu like symptoms or has had close contact with someone who has COVID-19 like symptoms, or has been diagnosed with COVID-19, or who has travelled outside the country in the last 14 days or has been exposed to anyone that has travelled outside of Canada in the last 14 days that haven't cleared 14 days of self-quarantine is not to enter the facility.

Any violation to these Procedures will result in a suspension and or cancellation of your ice time immediately. With no refund.

All Ice times are a minimum of 1 hr. (60 min) time intervals, licensee (NMHA) will arrive 30 min prior to their ice session to organize your group.

The parent/guardian is responsible for having the athletes prepared to walk into the NMHA facilities no earlier than 30 min before your scheduled ice time.

Early access to arenas is not permitted. If a group is early, they will remain in their cars or in the parking lot.

Groups will be limited to a maximum of 50 people (subject to change, based on Provincial Health Guidelines) on the ice, including officials and coaching staff. The preferred ratio is 11 participants to 1 coach per playing surface, but for participants that are 13 years and older the ratio may be higher. Ice rinks start and finish times will be staggered to ensure minimum patron traffic, as well as longer gaps between session to allow time for cleaning and disinfecting of common-touch services.

Operating Plan Procedures:

1. Players, parents, guardians, coaches or any person who is experiencing COVID-19 symptoms or is experiencing cold or flu like symptoms or has had close contact with someone who has COVID-19 like symptoms, or has been diagnosed with COVID-19, or who has travelled outside the country in the last 14 days or has been exposed to anyone that has travelled outside of Canada in the last 14 days that haven't cleared 14 days of self-quarantine is not to enter the facility.
2. While on the premises (parking lot, within the arena, within dressing rooms, and on the playing surface) social distancing of a minimum of 6 feet / 2 meters separation will be maintained between patrons, spectators, players (outside the venue) and employees of the arenas.
3. User groups will only be permitted in the building 30 minutes prior to their ice time and must exit 15 minutes after their ice session. There will be no early admittance to the facility.
4. Access and Egress for participants will be in the City of Nanaimo designated areas; players must follow the protocols set forth by the arena staff
5. When entering the facility you must go to your designated rink. (signs will be posted accordingly).
6. If available, dressing room, will be sectioned. In NIC 1 and Cliff McNabb dressing room capacities are 11 and in NIC 2 capacity is 9. Participants must sit within the section and utilize only one section during their session. There will be designated seating, for each athlete and coach in the rink.
7. Players may come fully dressed except for skates which may be put on in your designated sitting area.

8. Dressing rooms will be sectioned. Participants must sit within the section and utilize only one section during their session.
9. If permitted by City of Nanaimo, only 1 parent or guardian will be allowed in the building with each skater. No siblings.
10. Upon entering the facility, the parent or guardian must go directly to their designated viewing area in the stands, again, if permitted by the City.
11. Participants / Patrons
 - Are to fill their water bottle at home and no sharing of water bottles is permitted.
 - Spitting is strictly prohibited.
 - No Physical gatherings of any size are permitted in the parking lot or overflow parking lot areas.
 - Consuming alcohol beverages in the parking lot is in contravention of our liquor license and could result in personal fines from the RCMP/Liquor Inspector in addition to citations and harsh penalties/suspensions to the club. Tailgating is prohibited in the parking lot.
 - Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be escorted from the facility.
 - Self-imposed limits to the number of guests allowed in our building are closely monitored and will be adjusted accordingly.

These procedures are in effect until further notice. Our priority is to make sure everyone is safe and healthy. As this situation progresses, we will continue to monitor all developments and update our policies and procedures accordingly.

We will follow all direction from BC & Island Health authority and their recommendations.