



# ELITE SUMMER CAMP SCHEDULE

JULY 26<sup>TH</sup> - 30<sup>TH</sup>

2021

## U11

---

<b>8:30 AM - 9:30 AM</b>	<b>ON ICE</b>
<b>9:45 AM - 10:45 AM</b>	<b>YOGA</b>
<b>11:00 AM - 11:45 AM</b>	<b>LUNCH</b>
<b>12:15 PM - 1:15 PM</b>	<b>ON ICE</b>
<b>1:30 PM - 2:30 PM</b>	<b>DRYLAND</b>
<b>2:30 PM</b>	<b>PICK UP</b>
<b>2:45 PM - 3:45 PM</b>	<b>GOALIES ONLY SESSION</b>

---

## U13

---

<b>8:30 AM - 9:30 AM</b>	<b>YOGA</b>
<b>9:45 AM - 10:45 AM</b>	<b>ON ICE</b>
<b>11:00 AM - 12:00 PM</b>	<b>DRYLAND</b>
<b>12:00 PM - 12:45 PM</b>	<b>LUNCH</b>
<b>1:30 PM - 2:30 PM</b>	<b>ON ICE</b>
<b>2:30 PM</b>	<b>PICK UP</b>
<b>2:45 PM - 3:45 PM</b>	<b>GOALIES ONLY SESSION</b>

---

## U15

---

<b>11:00 AM - 12:00 PM</b>	<b>ON ICE</b>
<b>12:30 PM - 1:30 PM</b>	<b>YOGA</b>
<b>1:30 PM - 2:15 PM</b>	<b>LUNCH</b>
<b>2:30 PM - 3:30 PM</b>	<b>DRYLAND</b>
<b>4:00 PM - 5:00 PM</b>	<b>ON ICE</b>
<b>5:15 PM</b>	<b>PICK UP</b>
<b>2:45 PM - 3:45 PM</b>	<b>GOALIES ONLY SESSION</b>

---