## **Duties of a Team Safety Person**

As a hockey Safety Person, your primary responsibility is to ensure that safety is the first priority at all times during all hockey-related activities, both on and off the ice. You must play a leadership role in enhancing the safety of players and all others involved with amateur hockey. The following are some responsibilities that the Safety Person should assume:

f Implementing an effective risk management program with your team that strives to prevent injuries and accidents before they happen.

Taking on a proactive role in identifying and minimizing or eliminating risks during all activities and if ever in doubt, erring on the side of caution.

*f* Promoting and reflecting the values of Fair Play and instilling these values in all participants and others involved in amateur hockey.

f Ensuring that all players are provided with meaningful opportunities and enjoyable experiences free from physical and/or emotional maltreatment.

f Conducting regular checks of player's equipment to ensure proper fit, protective quality and maintenance and advising players and parents regarding the purchase of protective equipment.

*f* Promoting proper conditioning and warm-up techniques as effective methods of injury prevention.

*f* Maintaining accurate medical history files on all players and bringing these to all games and practices.

*f* Maintaining Player Injury Report Log.

f Maintaining a fully stocked First Aid Kit and bringing it to all games and practices

f Implementing an effective Emergency Action Plan with your team and practicing it regularly to ensure all involved understand their roles.

f Recognizing life-threatening and significant injuries.

f Managing minor injuries according to basic injury management principles and referring players to medical professionals when necessary.

*f* Recognizing injuries that require a player to be removed from action, referring players to medical professionals and coordinating return to play.

*f* Promoting a healthy lifestyle with all hockey participants by being a good role model while educating participants regarding hygiene, performance-enhancing substances, drug and alcohol abuse, nutrition and hydration.

*f* Facilitating communication with players, coaches, physicians, therapists, paramedical personnel, parents, officials and other volunteers regarding safety, injury prevention and player's health status.

*f* Acting as a Safety Person for both your team and your opponents if only one Safety Person is present.