



# Nanaimo Minor Hockey Association

[www.hockeynanaimo.com](http://www.hockeynanaimo.com)



## Where do Nanaimo Minor Hockey Association teams play?

Nanaimo Minor Association Hockey teams play out of Frank Crane Arena, Cliff McNabb Arena and Nanaimo Ice Center.

## What age levels can play in Nanaimo MHA?

- U6 5 yr olds
- U7 6 yr olds
- U8 7 yr olds
- U9 8 yr olds
- U11 9 and 10 yr olds
- U13 11 and 12 yr olds
- U15 13 and 14 yr olds
- U18 15-17 yr olds
- U21 18-20 yr olds

\*\*\*This means they will be the specified age by December 31st.\*\*\*

## What do my registration fees pay for?

Nanaimo MHA is a not-for-profit organization run mainly by volunteers. The majority of your registration fee goes to pay ice fees to the City of Nanaimo. Nanaimo MHA also supplies goalie equipment throughout the organization for goalies that otherwise do not have equipment. Nanaimo MHA supplies socks and jerseys to all players, upkeep of these jerseys. Other costs include such things as fees for referees and linesmen, clinic hosting costs, reimbursement to all bench staff for clinics attended and passed. NMHA has a full time paid Administrator and a full time Director of Hockey Operations. BCAHA Insurance and VIAHA team fees and players fees.

## What equipment do I need to purchase for my child

- C.S.A. approved helmet (with ear protectors)
- C.S.A. approved facial protector (full cage or full visor)
- B.N.Q. approved throat protector (collar or bib type)
- Athletic support cup (male)/Athletic Jill strap (female)
- Hockey pants
- Shoulder pads
- Elbow pads
- Garter belt for jock or jill shorts(if needed)
- Shin pads
- Hockey gloves
- Skates
- Practice Jersey and socks
- Stick
- Tape for stick
- Shin pad tape

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## **What is Rep (representative) hockey?**

Rep (representative) hockey is competitive hockey. Players are required to try out to make the team. Body contact in rep hockey starts at the U15 level. Rep players are expected to have a higher level of commitment to the team than house league players.

## **What is REC - House League hockey?**

House league hockey guarantees players equal ice time regardless of the player's ability and is not as competitive as rep hockey. There is no body checking in recreational hockey but there is body contact.

## **When are rep team tryouts held?**

Schedules for Rep try outs will be posted to this site as soon as they become available, usually late August.

## **At what level does contact hockey start?**

Body checking is introduced at the U15 competitive level.

## **When and how do I register my children to play?**

Registration information for upcoming seasons will be posted on this site as soon as it becomes available. The current Registration information can be found on our registration page.

## **Who can play rep hockey for NMHA?**

The Nanaimo Minor Hockey Association is governed by BC Hockey residency. To participate in representative/travel hockey for NMHA you must live within the clearly defined boundaries. For further information email [nanaimomha@shaw.ca](mailto:nanaimomha@shaw.ca)

## **Who can play recreational league hockey for NMHA?**

Same rules apply as above.

## **How often are recreational games/practices held?**

In general teams will have one practice a week and one game. During playoffs teams will often have more than one game per week.

## **Other than registration fees, are there other fees and expenses throughout the season?**

Teams may collect additional fees or fundraise to pay for tournament entry fees and other team expenses. In general, team fees for Recreational hockey can range from \$100-\$300. This will be discussed and voted on as a team at the start of the season.

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## **My child would like to play hockey but I am not able to afford it. Is financial help available?**

Yes! Many local organizations have funding available to help cover registration fees. If you would like more details, please speak to the registrar and she will be happy to assist you.

## **I want to know what days my child will play. Why is it not the same every week?**

Unfortunately hockey is not an activity that provides a rigid schedule each week. Teams rotate to play other teams (including teams from Lake Cowichan, Cowichan Valley, Parksville and Port Alberni) based on the ice available. Therefore, practice times must rotate as well.

## **I heard there are female hockey teams, my daughter is 6. Can she play on the female team?**

NMHA welcomes female players of all ages and skill levels however we are an integrated association and teams strictly dedicated to female hockey begin at age 9. Females playing in recreational hockey may also play on both female and coed teams for an extra cost.

## **Does my child need to know how to skate before they can register?**

Players are strongly encouraged to be comfortable on the ice to enhance their hockey experience. Brand new players in all divisions will be required to participate in an evaluation prior to the start of the season. A good starting point is to ensure your player can skate across the ice with their hockey gear on.

## **Where do I find the information for the start of the season?**

Nanaimo Minor hockey website is the best information source, please get comfortable navigating for all information, also follow us on Facebook.

## **When will my child get their jersey?**

Teams are formed between late September to late October, your player will receive their team jersey once they have been placed on a roster.

## **Where do I find my players' team schedules?**

Nanaimo MHA uses **Team Snap** for all team managers to input the teams' schedules and for contact with players. Please download the Team Snap App to your phone and your team manager will send you an invite once they have set up your team roster. <https://www.teamsnap.com/mobile>

## **Can my player play as an overage or underage player?**

All players will be evaluated in their age divisions, if you wish to move your child it is done by specific request to VIAHA and BC Hockey, please contact the office of Nanaimo MHA to get these forms