



## Returning to Games and Practices after INJURY

Hockey is a physical game where the risk of injuries is an accepted part of the game. Every effort available is put forward by Nanaimo Minor Hockey Association to reduce the injuries that may affect the player's ability to participate. Nanaimo Minor Hockey Association is governed by the Risk Management policies of the British Columbia Amateur Hockey Association.

The policy regarding this concern states:

**WHEN AN INJURY THAT PREVENTS A PLAYER FROM PARTICIPATING IN REGULARLY SCHEDULED GAMES OR PRACTICES OCCURS, A MEDICAL CERTIFICATE FROM A PHYSICIAN AUTHORIZING THE PLAYERS RETURN TO ACTIVE PARTICIPATION MUST BE PRESENTED TO THE ASSOCIATION OFFICE OR SAFETY MANAGER AND TEAM SAFETY PERSONNEL.**

Therefore, we request that this form be filled out in its entirety and be submitted to Nanaimo Minor Hockey Association.

Players Name: \_\_\_\_\_

Team: \_\_\_\_\_

Date and Nature of Injury:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date May return to Participate: \_\_\_\_\_

Physician's Name: \_\_\_\_\_

Clinic: \_\_\_\_\_

Physician's Signature: \_\_\_\_\_

Date signed: \_\_\_\_\_